

Eyelid Surgery

The eyes are usually the first thing you notice about someone and as they often reveal the early signs of ageing, Mr Tariq Ahmad sees many men and women seeking treatment to improve the appearance of the eye area.

On the upper lid, the issue is folding, creasing and hooding which obscures the natural shape of the eyelid, and on the lower lid, it is usually a case of bagging and pouching as the skin and muscles become more lax.

Eyelid surgery, known as a blepharoplasty, is a surgical procedure that can tackle either the upper or lower lid or both, depending on the patient's individual requirements. There are certain things that eyelid surgery can't achieve, such as remove dark circles, eradicate crow's feet around the eyes, or tackle a drooping brow, but Mr Ahmad will explain this all fully at the consultation. There are a number of alternative procedures he can offer aimed at treating these problems.

What happens during an eyelid lift?

During an eyelid procedure, which can be performed either under a general or local anaesthetic, there are a number of techniques that Mr Ahmad will employ. In an upper lid procedure, he will make an incision in the natural crease of the eyelid, and then any excess skin and fatty tissue is removed and, if necessary, adjustments are made to the muscle that supports the eyelid. The incision is then closed up with stitches.

In a lower lid blepharoplasty, the incision can either be made just below the lash line or through the back of the lower lid. Again any excess skin and fat are removed and the muscles strengthened if necessary. Mr Ahmad is careful not to remove too much fat from under the eyelids to ensure that you're not left with a hollow look which can be equally ageing.

What's the recovery like after an eyelid lift?

There will be a degree of swelling and bruising after an eyelid procedure and it can take a week or two before you feel ready to return to work and normal activities. There are a

number of potential risks and side effects after a blepharoplasty which Mr Ahmad will discuss with you during the consultation.

As the skin on the eyelids is very thin, scarring usually fades very well and Mr Ahmad is skilled at positioning the scars in the natural folds and creases of the skin. Patients usually report a very positive reaction to an eyelid procedure as it has transformed the appearance of the eyes, making them look younger, fresher and more rejuvenated.
